

Incidence of Salivary gland stone as a main cause of sialoadenitis a clinical study was done on a sample of 22 Iraqi patients

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ABSTRACT

Background: sialolithiasis remains an entity carrying a significant morbidity. This study covers the current principles guiding the surgical management of sialolithiasis in Iraqi sample including diagnostic tools, interventional options, surgical techniques and their outcomes.

Materials and Methods: A clinical study of 22 cases with salivary gland stones were collected from two major teaching and referral hospital in Baghdad "Medical city, hospital of surgical specialities" and "Al-Kinidy hospital, maxillofacial department" from 2010-2015

Results: The study population composed of 22 cases. The age range was from 10-70 year with average of 40 years.

The females were 7 cases (31.81%) and males were 15 (68.18%). The majority of cases were submandibular gland 16 cases (72.72%) followed by sublingual gland 5 cases (22.72%) and the parotid gland (4.54%). The presence of stone was similar on both sides. The surgical approach was applied by removal of stone in 11 cases and removal of gland in 11 cases.

Conclusion: Salivary calculi are common cause of salivary gland disorder. Sialography is an important tool for assessment of salivary gland obstruction in patients presenting with It should be done after the acute symptoms are subsided. Success is measured by treatment that is efficient, clinically effective and gland sparing.

INTRODUCTION

Salivary calculi arise as one or more calcified crystals within ductal system. The development of salivary stones, also known as sialoliths, can cause partially or totally obstruction in the salivary ductal system leading to pain, recurrent brandial swelling of the salivary glands, and acute or chronic infection. The incidence of salivary calculi is predictable between 1 per 15,000 and 1 per 30,000 individuals annually⁽¹⁾. Salivary stones occur most often in older patients and rarely in children⁽²⁾. Many studies evident predominance of males. However, current studies have shown an equal distribution between males and females⁽³⁻¹⁰⁾. Salivary stones are more found in the submandibular or accessory salivary glands^(5,6,9-11). The higher occurrence of salivary stones in the ductal system of the submandibular gland might be due to its longer tortuous duct, salivary flow against gravity, and more alkaline saliva with a higher calcium and mucin content⁽⁹⁾. The reason of salivary stone construction remains unclear. However, there are two main theories that explain the formation of salivary stones. The first theory proposes that a local inflammatory process leads to calcification of a mucus plug. The second theory proposes that microsialoliths produced by autophagosomes in the salivary gland, form a nidus for calcium precipitation⁽²⁾. Salivary calculi are mainly consisted of inorganic material, such as hydroxyapatite, carbonate apatite, whitlockite, and brushite, with smaller amounts of organic material, such as collagen, glycoproteins, lipids, and carbohydrates⁽⁸⁾. Sialography (old gold standered technique) used in chronic cases of sailoadenitis ,provides clear image of stones and the ductal morphologic structures and provide images that are diagnostic for certain conditions, such as Sjogren disease⁽¹²⁾.

MATERIALS AND METHODS

A clinical study analysis of 22 cases with salivary gland stone were collected from two major teaching and referral hospital in Baghdad "Medical city, hospital of surgical specialities" from 2010-2015.

The collected data obtained from out patient clinic, surgical ward and operative theater of maxillofacial department.

A case sheet form utilized according to age, gender, the salivary gland involved and the side of that gland, and surgical approach.

All informations about the cases were obtained from patient file, case sheet, operative notes .the table below describe the collecting data:-

Table :
1 number of cases

number of cases	age	gender	Types of the lesion	surgical approach
1	43	Male	left submandibular gland stone	surgical removal of the whole gland
2	40	Male	left submandibular gland stone	surgical removal of the stone
3	45	Male	right submandibular gland stone	surgical removal of the whole gland
4	39	Male	left submandibular gland stone	surgical removal of the whole gland
5	45	Male	left submandibular gland stone	surgical removal of the whole gland
6	35	female	right submandibular gland stone	surgical removal of the whole gland
7	60	Male	left submandibular gland stone	surgical removal of the stone
8	32	Male	right submandibular gland stone	surgical removal of the whole gland
9	25	Male	right submandibular gland stone	surgical removal of the whole gland
10	45	Male	left submandibular gland stone	surgical removal of the whole gland
11	47	Male	right submandibular gland stone	surgical removal of the stone
12	70	Male	right submandibular gland stone	surgical removal of the stone
13	45	female	right sublingual gland stone	surgical removal of the stone
14	30	female	right sublingual gland stone	surgical removal of the stone
15	14	female	left sublingual gland stone	surgical removal of the stone
16	34	female	left submandibular gland stone	surgical removal of the stone
17	30	female	left sublingual gland stone	surgical removal of the stone
18	34	Male	left sublingual gland stone	surgical removal of the stone
19	40	Male	right submandibular gland stone	surgical removal of the whole gland
20	10	Male	left submandibular gland stone	surgical removal of the whole gland
21	25	female	right submandibular gland stone	surgical removal of the stone
22	10	Male	left parotid gland stone	surgical removal of the stone

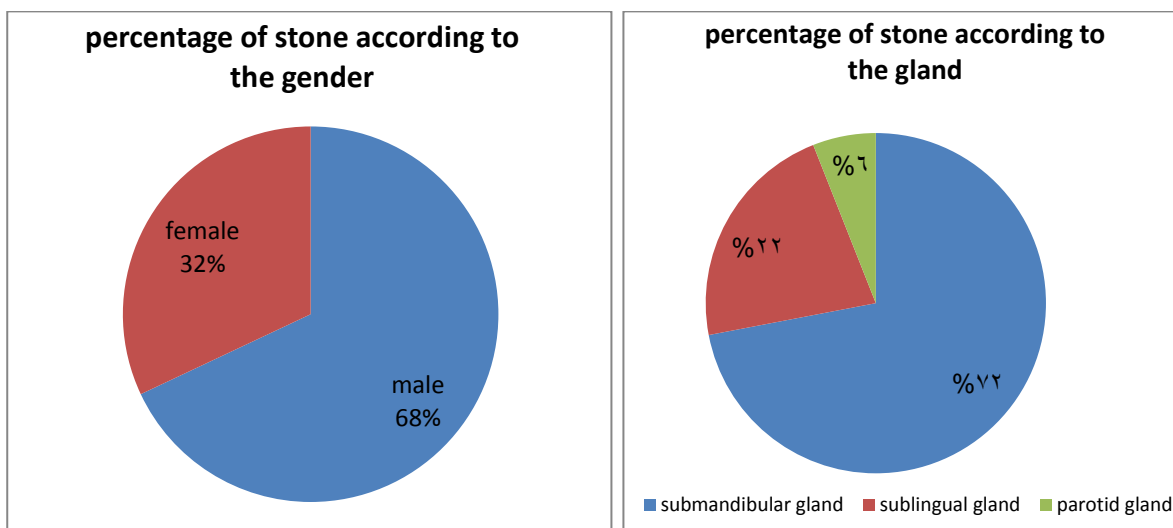
RESULTS

The study population composed of 22 cases. The age range was from 10-70 year with average of 40 years and majority of cases occur during the third and fourth decades of life as shown in the table below.

Table (1):
Sialolithesis according to the age group.

Age group	Males	Females	Total	%
10-20	2	1	3	13.6
20-30	1	3	4	18.18
30-40	5	2	7	31.81
40-50	5	1	6	27.27
50-70	2	0	2	9.09
Total	15	7	22	

The females were 7 cases (31.81%) and males were 15 (68.18%). The majority of cases were submandibular gland 16 cases (72%) followed by sublingual gland 5 cases (22%) and the parotid gland one case (6%). The presence of stone was similar on both sides. The surgical approach was applied by removal of stone in 11 cases and removal of gland in 11 cases.



DISCUSSION

Salivary gland diseases are relatively common. The most frequent non-neoplastic salivary disorder is obstructive sialadenitis, which may be due to calculi, fibromucinous plugs, duct stenosis, foreign bodies, anatomic variations, or malformation of the duct system leading to a mechanical obstruction associated with stasis.

Sialolithiasis is the main cause of obstructive salivary diseases. Sialolithiasis is more frequent in male patients (68.18%) which are similar to Phillips J, 2014

study⁽⁶⁾. Incidence peaks between the age of 30 and 60 years which is a high range group, that's why it has no age predilection this is in agree with Lustman J, Regev E and Melamed Y, 1990 study⁽¹⁴⁾. It is uncommon in children Nahlieli O et al 2000⁽¹⁵⁾ presented only 9% of all sialolithiasis cases occur in the population.

Sialolithiasis affects submandibular gland in 72% of cases, mainly unilaterally but without a preferred side which agree with Stimec et al 2006⁽¹⁶⁾ which was partly explained by post-mortem morphometric studies which found a symmetry between the right and left gland. About 4% of cases occur in the parotid gland. The striking difference between parotid and

submandibular stones is partially related to the ascendent and sharper angled duct system of the submandibular gland and the type of (mainly mucous) secretion. The sublingual and other minor salivary glands are unexpectedly affected 22% of cases . In Bodner L1993 ⁽¹⁷⁾ study the sublingual gland is rarely

affected (about 0-5 of cases). Sialolithiasis still represent the most frequent reason for submandibular gland removal resection. **NO AGE PREDILECTION AS MENTION IN THE PREVIOUS PARAGRAPH IN RED LINE**

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